

# St Joseph's Catholic Primary School Relationships and Sex Education



Consultation with our School Community

# New guidance

- 20 years since the last review of the Relationships and Sex Education (RSE) curriculum – the world (and how we interact with each other) has changed
- New-Relationships Education (RSE) in Primary Schools
- Previous recommendations for teaching Personal, Social, Health Education, are now part of the National Curriculum, the programme that school will now be using is "Jigsaw".
- Sex Education in Primary Schools remains optional, though in Year 5 and 6 the science curriculum form part of what might be considered as sex education – puberty and reproduction. The programme that school uses is "Journey in Love".

# Why are we consulting?

- Changes in the National curriculum along with new guidance means that schemes of work have been updated to fit the new science content
- Changes in the world around children means we need to review our current content taught
- Our move to use jigsaw as our PSHE programme
- It is important you know about the curriculum we offer
- Your views are important as we work in partnership to teach the children

# What is covered in the science curriculum?

## Year One

- Identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense.

## Year Two

- Notice that animals, including humans, have offspring which grow into adults they should not be expected to understand how reproduction occurs.

## Year Five and Year Six

- Describe the life process of reproduction in some plants and animals. They should learn about the changes experienced in puberty

# Where and how did you learn about relationships and sex? For young people today the world is very different, their learning comes from...

Internet



TV



Mobile devices



Friends and older siblings



Parents and carers



School



# Why is Relationships and Sex Education important?

- Entitlement
- Puberty is starting earlier (for some by the age of 8 or 9)
- Unwanted conceptions
- Sexually transmitted infections
- Safeguarding
  - Grooming
  - Child Exploitation (including child Sexual Exploitation)
  - Abuse
  - Sexting
  - Online pornography

# What is effective RSE?

- Age appropriate
- Inclusive
- Based on needs of pupil
- Progressive
- Delivered by trained staff in a safe environment
- Prepares children adequately for puberty in a timely way
- Promotes positive relationships
- Prepares children for adult life

# Ofsted review of existing RSE nationally

- Required improved in over a third of schools was not systematic enough
- Children were not adequately prepared for puberty
- In primary schools, too much emphasis was placed on friendships and relationships



# Recommendations

- Introduce children to the correct scientific terms to describe body parts in Key Stage 1
- Deliver RSE in a progressive way across the school
- Challenge the use of 'gay' as an insult and include work around the makeup of different families
- Explore/ challenge gender roles/ stereotypes
- Begin to explore puberty changes by the age of 8/9
- Ensure that children in Year 5 and 6 receive RSE input around puberty so that they are prepared as soon as possible for the onset of puberty
- For some sessions on Sex Education consider single gender sessions

# Your rights as a parent or guardian

- To be informed of the RSE curriculum and policy
- To be consulted about changes to these
- To withdraw your child from Sex education lessons that are outside of or additional to the Science National Curriculum (although not from the relationships and health elements)

# Summary

- The science curriculum now contains elements of biology which have to be covered
- Parents have a right to withdraw children from the Sex education lessons
- It is now compulsory for schools to teach SRE in order to prepare children for later in life
- Our curriculum is broad and balanced and RSE is embedded in our current offer
- RSE curriculum compliments our whole school policies (PSHE, Behaviour, Safeguarding, e-safety ...)

# Further information

- <https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>